



Emily Erickson
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Fall Schedule

Starts Tuesday Sept. 7, 2010

	Mon	Tue	Wed	Thu	Fri	Sat
7:00AM	Boot Camp w/ TRX		Boot Camp		Boot Camp	Boot Camp
8:00 AM						Zumba
5:15 PM	Beg. Ballet (Teen/Adult)					
6:00 PM		Boot Camp		Boot Camp w/TRX		
6:15 PM	Beg. Hip Hop (Teen/Adult)					
7:00 PM		Zumba		Zumba		

All classes are held at the Hub Sports Center unless otherwise stated. Each participant must pre-register for classes. A class must have 6 participants to keep the class time going. Call or e-mail me if you are interested in a certain time or day.

